



St. Peter's Episcopal Church
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Onward

A newsletter for and
about the people of
St. Peter's Church

MAY 2020



*God has brought
you through before,
and He will bring
you through again.
Make a decision,
each day, to choose
faith over fear.*

**ST. PETER'S
STREET FAIR**
VOLUNTEERS · JUNE 8 & 9 · NEEDED

Due to the COVID-19 pandemic and the current social distancing practices, the Street Fair committee has decided to postpone the Street Fair until Friday, September 18th and Saturday, September 19th.

Milestones

Death Mary Budd; predeceased by husband Henry; beloved by her children Henry and David and their families.

Vacation Bible School

Well...I wish I had a crystal ball to see what August will hold for us all! For now we are continuing to hold August 3rd-7th open for Vacation Bible School. We have the leader guides for each station and the puppet arrived just in time for Easter. We will watch how other camps handle things this summer and determine if we can go ahead in some way. It may end up being a much simpler VBS as we won't be doing as much planning, but that would still work because we ALWAYS have fun at VBS!

Keep your fingers crossed and say a prayer or two that we can all be together soon. It is a FUN theme which I'll tell you as soon as I can, but not yet! VBS is so important for both the children and teens I REALLY hope we can still go ahead in some way.

If anyone has any ideas on ways to make things work please let me know. I'm definitely open to any suggestions :) If you have any questions you can reach out to me and I'll give you an update (if I have one).

Love to all! *Dana Leach*
home 973-364-7544
cell 201-694-6543, scottdanaL@aol.com

Sunday School

I MISS YOU ALL!! There are several Sunday School videos which you can access via the church website. I've also posted some lessons for 4th-6th grade (and Godly Play from before I figured out video). ANY Sunday School is better than NO Sunday School, so if your child is in 5th grade, but

wants to watch one of the Godly Play lesson videos instead of sorting out the readings for the week THAT IS FINE :)

I also have posted a story time video or two which, although they aren't Sunday School related, are spiritual and are good for ALL ages. I am so appreciative of those who are reaching out and telling me how you've been handling Sunday School! I've seen pictures, heard stories, gotten feedback...THANK YOU!!

I encourage you to take time each week with your children and pray, talk about Sunday School, or God, or Jesus, or WONDER together, and remind the children, as I say in Sunday School each week, "God is ALWAYS with us." Sometimes it is hard to remember that, especially when times are tough. If any of you or your children have a need or want to talk, please do not hesitate to reach out to me. Sending love and prayers for health (physical & mental), strength, peace, joy and faith!

Dana Leach, scottdanaL@aol.com, home 973-364-7544, cell 201-694-6543

Family Church

I was so impressed by our readers for April's Family Church! It was the first time we'd tried remote readers and it worked! Ben D'Avella, Lilana D'Avella, Lena Korenstein and Vincent Korenstein each did such a fantastic job reading slowly and clearly and with intent and meaning. THANK YOU!!

Littlest Parishioners' Playgroup

As with everything else, Playgroup has been on hold. This group is for families with children age 3 and younger (and older siblings) who share similar milestones and challenges that come with toddlers and early pre-schoolers. Children play, parents talk :) St. Peter's has a nice size group of families in this category and we have fun together! We usually meet the first Saturday of each month from 10-11:30. We will continue to listen to CDC and state guidelines for gatherings and hope we can be together again soon!

Be well! Peace & Love,
Dana Leach and Nat Bernardo
Home 973-364-7544, cell 201-694-6543, scottdanaL@aol.com
nathaliabernardo23@gmail.com,
917-880-8625

Resources for Counseling

We are all facing both social and personal pressures during this extended threat! According to the governor, this shut-down will last for some weeks to come.

It's no shame to be in need! Emotional ups and downs can easily arise in our "new abnormal." Reactions of frustration, anger, anxiety, and emotional volatility can overtake even the most normally well-balanced soul. To seek for help may be the most loving thing anyone can do for the people they live with, not least of which is themselves.

So take a look at the emotional support resources for you or family members the Vestry wants you to know are available to parishioners.

Fr. Bob

If you, or someone you know, needs services, it's important that you find someone you are comfortable with; not every counselor is the right fit. While the Church does not officially vet and endorse counselors, these are providers that some people in the congregation have used and found helpful:

- The Bridge-West Caldwell-Has many locations, however is doing remote counseling for individuals, families and substance abuse. They will also make referrals if they cannot service. They work with various insurances or sliding scale. 973-228-3000.
- Dr. Louis Barretti, Caldwell – 973-226-5162 private pay – adults/marriage/family.
- Dr. Nicole Safonte-Strumolo- 973-650-0261- individual, family and child therapy- private pay.
- West Essex Psychological Associates, Dr. Graham Hartke- Providing teletherapy services in place of office visits. 973-228-2299- private pay- services all.
- Dr. Sandra Cammarats, Psychiatrist, Caldwell – prescribes meds- 973-618-0100 private pay.

If you have insurance, call the number on back of your insurance card for referrals that are covered through the insurance.

Message from Fr. Morris

Dear People of St. Peter's,

In times of trial, the better part of wisdom is to seek our resources that will help us deal more successfully with what we face.

This pandemic season we are enduring, is very likely to be “more of a marathon run than a sprint” according to Bishop Carlye Hughes. We and the rest of the nation and world are in the midst of a trial, both in the sense of personal challenge as well as the “testing” of our patience, of our endurance, our character, and our social systems. Even plans to loosen any social distancing restrictions are most likely to be phased in gradually over an extended period. We are called to “endure” as creatively and gracefully as we can.

Most of Jewish and Christian wisdom for living was forged in times of trial. The words of St. James, the “brother of the Lord” ring true for our situation: “My brothers and sisters, whenever you face trials of any kind . . . know that the testing of your faithfulness produces endurance; and let endurance have its full effect, so that you may be mature and complete, lacking in nothing.” (James 1:2-4) What we make of times of trial is part of the making of our own souls.

The resource lists contained in this edition of the ONWARD are offered by the Vestry in the hope that it will add to and enrich what you may already have put together for yourself and your family. We hope that our weekly **online worship** (and now, online coffee hours) will support your own acts of prayer to stay rooted and grounded in the love of God, and that you **will not hesitate to contact me or the Health and Healing network** via Susan Negrotto (sgnegrotto@yahoo.com), with any pastoral need. That's what we are here for!

Faithfully,

Fr. Bob
angelhold@earthlink.net, 973-477-3128

Meat & Fish Wholesaler Providing Home Delivery

Dartagnan: <http://homedelivery.dartagnan.com/> Special Note-check local town near you-call to confirm that they will deliver to your town. You may wish to “pool” with friends/family who lives in the town they are delivering to.

Baldor-contact info above.

Caldwell Marketplace- Has freshly butchered meat, some produce and prepared food. <http://caldwellmarketplace.com/> 5 Park Ave., Caldwell, NJ 862-702-3328. Plan on calling to order items in advance. You will be assigned a time to pick up your items over the next day or two. Only 2 people are allowed in the store to shop at a time. They are very good with 6 feet distancing even when waiting to get in-store Check their Facebook page for weekly updates/changes. They are not providing delivery.

Cleaning Supplies/Packages

Singer Equipment: www.singerequipment.com Wholesale Company that provides cleaning supplies to restaurants; now open to customers-can purchase cleaning packages (paper towels, toilet paper, masks, gloves, garbage bags, cleaners, etc.)

Pharmacy Delivery: Shoprite of West Caldwell- 973-575-0030; Other pharmacies may deliver-just ask!

Wine/Liquor

Wine Village, Caldwell, NJ will deliver locally. Place an order over phone 973-226-0071.

Wine Legend, Livingston. Place an order on the website www.winelegend.com or call 973-992-4441. Free Local Delivery.

Restaurants Delivery

Cloverleaf Tavern- Order delivery or pick up 973-226-9812 Very organized curb. Multiple deals throughout the week.

Fresco Market-Order delivery or pickup. Daily deals & Specials-Wednesday offer great Family Night Deal for \$34.99 <https://www.gotofresco.com/> 973-403-8500.

Check all your favorite places-if they are open-they are offering a deal/special!

Ice Cream: Gelati by Mike in Caldwell & Montclair-They have been donating milk/eggs to seniors in need and Toni's Kitchen in Montclair. Order on their website-will deliver to your car at curbside or home. Can get birthday cakes and candles too! You can buy milk and eggs for your home also from their store (order through website!) Phone [\(973\) 403-9969](tel:9734039969) <https://www.gelati2go.com/>

And if you don't want to venture out...

In this time of resource need, there are alternative sources to consider when you don't wish to venture out to stores, or you can't find specific items. This is simply an information list of resources you may wish to consider, not endorsed by St. Peter's.

Resources for Families and Individuals

A great source of information can be found on Facebook- the public group: West Essex Store Updates/COVID-19. Kids Quarantine Group on Facebook has many ideas for kids as well.

Groceries: In addition to the major department stores providing shop at home and senior hours, you may wish to consider:

Fresh Direct: <https://www.freshdirect.com/> Delivery slots open sporadically-a great tip to refresh for 5 minutes at a time every few minutes.

Baldor Foods: <https://www.baldorfood.com/> Note: minimum order is \$250-may wish to "pool" with friends/family.

Panera Bread-now delivering Groceries!: <https://www.panerabread.com/en-us/panera-grocery.html?intcmp=hero-hp-c-grocery>; Options include Produce, Bread & Bagels, Dairy.

Target: <https://www.target.com/> Can order curbside pantry, random items and schedule a time to pickup.

Super Foodtown of Caldwell- Usually a quick check out process, deliveries are backed up but they are open. https://www.foodtown.com/stores/foodtown-of-caldwell?utm_source=googlemybusiness&utm_medium=vicinity&utm_campaign=websiteclick

Fruit/Vegetables/Produce

NJ Harvest to Home: <https://harvesttohome.nj.com/> Minimum Order for Delivery is \$75. Produce, Bread, Just added Fresh flowers/plants. Local Pompton Plains Farm.

Riviera Produce: <http://www.rivieraproduce.com/> Have to call to set up an account for home delivery.

Boxcar App-Boxcar & Gargiulo Produce: Schedule your time and drive to the parking lot for a box of items! <http://www.boxcarapp.com/grocery> Basic box includes: milk, dozen eggs and an assortment of fruits and vegetables for under \$60. You know exactly what you are purchasing and schedule your pickup time. Now add-ons for meat and pizza kit.

Farmsview Roadstand, Wayne, NJ- Allows you to call, order and then curbside pick up. <https://farmsview.com/> (973) 839-1212.

Update on the Rector Search

Good news! I have some updates for the Parish on our Rector search that I'd like to share with you. The first meeting was joined with the Wardens Frank and Mark as well as myself in which Bishop Carlye and Canon Clark held via Zoom; a combined gathering with several other churches who are in the process of their own searches. An update was given as to what has been happening around the diocese most recently with candidates, availability, and the several options we could take when hiring. Thereafter, there was a another meeting with the Wardens Frank, Mark and myself with Canon Clark who stated there were 5 candidates who have applied for the position and she will pass them on to the Interview Committee once she does her final due diligence.

The Interview Committee has already amongst ourselves and come up with several questions to ask of the candidate and are well prepared for this task. Once we have reviewed all the resume's, we will meet via zoom to discuss each candidate and will begin the process of vetting and interviewing. Please know we are diligently working during these unusual circumstances and St. Peters will rise again! It is the Easter season and just as Jesus has risen ~ so will we. I hope everyone is healthy, safe and praying that we will all be back together again real soon.

Grace and Peace, *Pam Bayard*



Like all other St. Peters Church functions and activities, the Op Shop has also been impacted by the Coronavirus. Out of an abundance of caution for our volunteers and Op Shop shoppers we decided to close our doors temporarily. At this time, we are uncertain how long we will remain closed, so please keep checking our weekly e-blasts (done so creatively by our own Dawn) for details on our reopening. On the bright side, this down time allowed us the opportunity (no pun intended) to give the Shop an updated look. When we finally do reopen (if we aren't already open by time of this press release) in addition to all the new Spring merchandise on the floor, you will notice a refreshing new

layout, making the Shop look a little brighter and a little more spacious. We think you will all agree so please stop in and see for yourself.

We want to give a special heartfelt Thank You to parishioners Keven & Rita Hersh. Apart from being 2 of the Shops most loyal supporters and patrons, they assisted us with finding good loving homes for our leftover winter merchandise. Kevin and Rita graciously offered to distribute our remaining inventory to wanting families and charitable organizations. Our gratitude to people like them for keeping the spirit and mission of the OpShop by giving to those in need, especially in times of need.

Stay well and safe and may God give us the strength and comfort we seek at this difficult time, *Stephanie and Dawn*

Resources for Families and Individuals (continued)

Emergency Vet

Animal Referral and Emergency Associates- 24-hour emergency care for your pet
<https://www.animalerc.com/> 973-788-0500

Birthday Resources

The Party Store in Caldwell - will deliver balloons to your house. <https://caldwellpartystore.wixsite.com/caldwellpartystore> - 973-226-2607

Lawnables- will set up Happy Birthday signs or other signs the night before birthday to surprise the birthday person. <https://lawnables.business.site/> 973-715-1158

Vidhug.com- Have people make a video for your child's birthday- About \$15 send link to friends. <https://vidhug.com/>

Cameo.com- With a week's notice you can have a celebrity make a video wishing the birthday person a happy birthday. \$10-\$500 depending on how famous a person is.

*****Final Note** - *If you order from local restaurants, delis, etc. don't forget to ask what else they are selling. Many places have added needed items like toilet paper, paper towels, cleaning supplies, eggs, milk, produce, pasta, etc. for sale. It never hurts to ask. There are many other places that deliver or provide services, just call and ask!*

Diocesan informational resources from Bishop Hughes:

A summary of Diocesan regulations for church life during the pandemic:
(<https://dioceseofnewark.org/covid-19-faqs>)

Should you be in the position of saying goodbye to a loved one, the Bishop wants every Episcopalian to be familiar with "[Prayers to Say Goodbye to a Loved One When Separated](#)."

Reliable COVID-19 information sources: Beware of internet rumors! up to date information from <http://covid19.nj.gov>

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